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# DEVELOPMENTAL TEACHING IN PHYSICAL EDUCATION: *a theoretical analysis of physical education subject matter*

**GEPAPE**

Grupo de estudos e pesquisas sobre atividade pedagógica

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# Some discussions about the theory

Aim of school: to develop students' personality

- Develop a new kind of man for a new kind of society;
- Synthesis of the higher mental functions;

# The research

**General goal**: Propose some possibilities for a physical education teaching that contributes for students and teachers development.

## **Research action**:

- An historical analysis of physical education subject matter
  - *How is one able to make such analysis of a subject matter?*
    - 1) *Physical Education deals not with “physical activity” but with “human activity”*
    - 2) *The concept of Historical* (Ilyenkov, Kosik, Kopnin, Marx)

There are still many people who misinterpret historical psychology. They identify the history with the past (...) To study something historically means to study it in motion. (VYGOTSKI, 1995, p. 67)

- **Where or “when” should one start?**

- *Essencial relation, the germ cell, the development law, the unity of analysis, internal condition from which the phenomenon is developed*

# Some methodological procedures (specific actions)

- An historical analysis of: collective games, dance, combat sports.
  - understand the historical process of elaboration of these human activities;
  - determine the internal condition or the “cell” *from* which each activity was developed
    - the core for organizing teaching

## ■ “Work group” with Physical Education teachers

- Grasp the “main relation” of each subject matter
- “Test” the hypothesis of the “cell” of each subject matters

## ■ Analysis of one particular form of the phenomom

- From its simplest forms to its highest developed form
- Determining the internal conditions for its emergence
- Determining *how* this internal condition appears in different moments of the phenomom

