# Meaning of Volunteer Activity Providing Help for Elderly People

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## Preface



- Lack and needs
- Volunteer Activity as a Meaning Vulnerable Activity
- Definition (*Meaning characterizes the place* and the role of something in the Lifeworld context of a person, Leontiev D., 2005)
- Theory Frankl V., Leontiev D.

# Volunteer Activity Providing Help for Elderly People

- 1. extra-free choice
- 2. frame
- 3. no rigid structure
- 4. dialog
- 5. the closeness to main existentials (the death, blame, suffer, Frankl, 1999)

# Setting



### Sample

- 11 volunteers from 3 volunteer groups (Christian Community, Volunteer Group and Non-structured Volunteers Group)
- 3 ex-volunteers from the 3 groups

#### Instruments

- Composition (*What has been changing inside of me during the process of volunteer help to elderly people?*)
- Life Meaning Orientation Test (Leontiev D. 2006)
- The Method of the Final Meanings (Leontiev D. 1999 "What for does someone help elderly people?")
- Questionnaire for ex-volunteers
- Semi-structured meaning-oriented interview

# Approaches to meaning research

Meaningful Themes
Ways of dealing with the meaning
Level of Meaningfullnes of life
Volunteer`s LifeWorld
Phenomena
Crucial areas



## **Exploring Meaning through Meaningful Themes**



Composition (What has been changing inside of me during the process of volunteer help to elderly people?)

- Changes
- Changes Agents
- •Attitude towards aging and elderly people
- Characteristics of Activity
- Volunteer position

"What for does someone help elderly people? (The Method of the Final Meanings (Leontiev D. 1999))

- •Self-perfection
- Living
- World
- Spiritual Category

**Exploring Meaning through** Ways of dealing with the meaning



- Experiencing
- Fulfillment
- Awareness

## Exploring Meaning through Volunteer`s LifeWorld

- Narrator
- Genre
- Other Person
- Laws
- Plot
- •Horizon



# Exploring Meaning through Phenomena

- •Gratitude
- Closedness to Meaning
- The Addiction to Meaning
- Prudent Search of the Meaning
- The Expectancy of Wonder



# Exploring Meaning through Crucial areas

•extreme emotional involvement

- the realization of non-realistic tasks
- the lack of support and understanding from family,administration, other volunteers,
- •unawareness of self-condition and a ban
- to take care about oneself
- Death Encounter







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